



Central Auckland Silverbacks **BALMORAL SCHOOL BASKETBALL SKILL SESSIONS** **TERM 3 - 2025**

YEAR 7/8 - THURSDAY MORNING

Session Time: 7:30am - 8:30am

YEAR 5/6 - THURSDAY AFTERNOON

Session Time: 3:15pm - 4:15pm

When: (8 Weeks)

THURSDAYS

July: 24, 31

August: 7, 14, 21, 28

September: 4, 11

Scan to register:



COST: \$115

Sessions are designed to help grow individuals understanding & execution of the basic fundamentals required to play basketball.

Whether you're preparing for the upcoming Auckland City Basketball & Central Auckland Silverbacks, Central School Hoops League or simply looking to get involved in the game Nau mai, haere mai.

 **Balmoral School Gymnasium**

For more info contact brooke@acb.nz / 022 121 8165

